

**BHSC 1.02 (70) Peter Lehmann; *Coming off 'atypical' neuroleptics (like Clozaril, Risperidal, Seroquel, Zyprexa): challenges and experiences***

Taking so-called atypical neuroleptics can result in substantial physical and psychological problems, including severe withdrawal problems. Atypical receptor-changes are well-known to trigger tardive psychoses and relapses, resulting in ongoing doctor's appointments. Psychiatric patients are recklessly prescribed more and more mixtures of different kind of psychiatric drugs (polypharmacy) with unforeseeable interactions and additional withdrawal problems. As a rule, psychiatrists do not think about ways to help patients come off "atypical" neuroleptics and drug mixtures. How can psychiatric patients proceed to come off these psychiatric drugs and avoid relapse risks? How can professional psychiatric workers, friends, relatives and carers support psychiatric patients, when they decide to come off? This workshop will address these questions and challenges, drawing on the presenter's knowledge and experience in this area.

Peter Lehmann's biography as in Keynote Presentation 1 (page 2)

# Book of Abstracts

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